UNIVERSITY OF WESTERN ONTARIO
SCHOOL OF HEALTH STUDIES
HS3050A: HEALTH-RELATED QUALITY OF LIFE
FALL 2020

Instructor: Ivan Culum, PhD
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Paced (weekly) asynchronous (i.e., no set lecture times)

Required Textbook:

Glatzer, W., Camfield, L., Møller, V., & Rojas, M. (2015). Global Handbook of Quality of Life [electronic -related quality of life. It is designed to help students better understand the multidimensional nature of quality of life as a theoretical construct and how it is applied to issues of health, wellness, illness, and disease in local and global settings

B. LEARNING OBJECTIVES

By the end of this course, students should be able to:

- Define the concept of "quality of life" (QoL) relating to individual and public health;
- Understand how multiple determinants of health affect QoL;
- Understand different measurements for QoL;
- Describe QoL differences among different geopolitical regions;
- Synthesize knowledge on the importance of QoL on human health & well-being

C. READINGS

You are expected to read the required textbook chapters ahead of each unit (see Section E for timetable).

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1. Student Development Centre – http://www.sdc.uwo.ca/ssd/
2. Student Health – http://www.shs.uwo.ca/student/studenthealthservices.html
3. Registrar's Office – http://www.registrar.uwo.ca/
4. Ombud'sOffice – http://www.uwo.ca/ombuds/

K. HEALTH & WELLNESS

As part of a successful undergraduate experience at Western, we encourage you to make your health and wellness a priority. Western provides several on-campus health-related services to help you achieve optimum health and engage in healthy living while pursuing your degree. For example, to support physical activity, all students receive membership in Western's Campus Recreation Centre as part of their registration fees. Numerous cultural events are offered throughout the year. Please check out the Faculty of Music web page (http://www.music.uwo.ca/), or the McIntosh Gallery (http://mcintoshgallery.ca/). Further information regarding health and wellness-related services available to students may be found at http://www.health.uwo.ca/